September

14 - **KICK OFF: Intro to Leadership – Special Guest Speaker Will Wright**  Passion for leadership is the driving force behind leadership. If you don't have the passion for it, you won't succeed. This workshop will challenge you to look deeper into leading groups and finding out whether leadership is truly your passion.

21 - **Discover YOUR leadership gift: You too, can be a leader!**  In this discussion, the group will focus on the gifts we already have, and how to use them most effectively. Leaders cannot perform well if they fail to see the good within themselves. We will discover that strong leaders take personal inventory of their natural abilities. This shapes one’s self-image and consequently, results in becoming a better leader.

28 – **“True Colors” Personality Identification Workshop**  Successful people know who they are and what their True Colors are. When you know what your core values and needs are and feel good about them, you can perform at your highest potential in every area of life. And when you share a working, mutual understanding of others’ core values and needs, you have the basis to communicate, motivate, and achieve common goals with utmost dignity, efficacy, and mutual respect. Take this workshop and learn your True Colors!

October

5 - **Achieving Your Vision Through Goal-setting and Planning**  This workshop will start looking at personal missions and goal setting. It will explore methods of successful personal goal-setting and examination of successfully accomplishing the goals that are wanted to be obtained.

12 – **Balancing Your Commitments – School, Work, Family & Leadership**  Effective leaders encourage people and affirm their work, and yet constantly push them to even greater performances. A team’s primary motivation comes from a passionate leader who positively expresses dissatisfaction with the lack of progress along with a sincere belief that the team can take things to a higher level. Leaders should stretch people, but they can only do so to the extent that they demonstrate care and goodwill towards those they lead. This workshop will engage conversation on how to stretch and stress the team to success.

19 – **Practicing Personal Wellness: Self-care before burn out**  Leadership requires energy. Leaders must always remember to Sharpen Their Own Saws* to keep in balance. Just as your car runs more smoothly and requires less energy to go faster and farther when the wheels are in perfect alignment, you perform
better when your thoughts, feelings, emotions, goals, and values are in balance. So much has been made of what we “feel” that we are often weakened by our feelings, instead of emboldened by them!

26 – Leading from the Front Many opportunities are missed because most of the good ones at first may seem like an obstacle. It may require time or energy. In this discussion the group will look at managing opportunities and learning how to determine the value of the moment of opportunity.

November

2 – Strengths-Based Development: Developing Your Best Self for Your Purpose Has giving up, cost you in the past? When you keep going the chances are you will stumble on something perhaps when you are least expecting it. This workshop helps leaders to looks at obstacles as opportunities rather than barriers to your success!

9 - Budgeting: Individual and Organization Wants and Needs People follow people they can believe in, who they trust to help them achieve their goals. But what are those goals? What do people want from a leader? What do they need, or what do they think they need? Understanding the answers to these questions is another thread in the tapestry of effective leadership.

16– The Leaders Tool-kit: Integrity, Empathy, Genuineness & Humility Leaders inspire. We mediate. We decide. We direct. And we do countless other things as part of a day’s work. Along with all of this, however, we have another job--one that is sometimes obvious, sometimes subtle—that is always part of what we are doing. That job is influencing other people. This workshop interweaves the pieces of how good leaders influence with integrity, empathy, genuineness & humility.

23 – Carving a Leadership Path: Leading from where you are This workshop will start the discussion on leaders roles. It will focus on learning how to lead and influence in a manner appropriate to our strengths, because leadership is meant for every one of us, to some degree. This session will be more about becoming the person we were designed to be, and less about position.

30 – Building Trust in Groups: Crucial conversations A team without trust isn't really a team; it's just a group of individuals, working together, often making disappointing progress. Without trust there's less innovation, collaboration, creative thinking, and productivity, and people spend their time protecting themselves and their interests. In this workshop we'll look at the issue of trust within teams, why it's important, and what you can do to build it.

December

2 - Men's Leadership Conference* (B149 10:00 a.m. – 4:00 p.m.) Join us for the Fifth Annual Man-Up Conference. All participants will enjoy activities that promote leadership, scholarship, and self-development. This conference seeks to prepare all participants to meet the challenges college students face and to recognize and achieve his full potential in education. Participants will depart from this conference with new tools for achieving success and a five-year action plan to implement on their personal road for success. *Break out workshops, guest speakers, prizes and lunch provided! For more information, contact: Office of Student Life 214-860-8685.

7 - Essential Skills of Etiquette This workshop is real-world training that teaches all forms of business etiquette: dining & tipping, and communication via telephone, meeting, and email! We will polish and refine your skills and improve your professional image in a fun and relaxing atmosphere.
January

25 - Applying Leadership to Life: Growing Your Leadership Network  “The ability we have to make our world better starts with how we live our life.” – Anonymous. The time is now! This very moment YOU have the power to help shape the lives of others, especially if you choose to lead by example. The ability we have to make our world better starts with how we live our life and the example we set for others. Applying what has been learned in the Leadership Institute to everyday living, starts now!

February

4 – Going from Group to Team...Enjoying the bumpy ride  Are you prepared for the challenge of stepping up from team member to team leader? It’s often not the new responsibility or the increased workload that cause the issues. What often comes as a surprise, and occasionally a challenge, are the new team dynamics that emerge. Significantly it’s the dynamic between the team members and yourself that can cause worry, stress and can lead to you wondering if you’d prefer to be in the back of the team rather than leading it.

8 - The Strategy of Leadership: Unleashing the Power of Influence  What has giving up cost you in the past? When you keep going the chances are you will stumble on something perhaps when you are least expecting it. This workshop helps leaders to looks at obstacles as opportunities rather than barriers to your success!

15 – Putting Leadership into Action – Challenge Course  Carpe diem! Seize the day! What are you waiting on? You’ve made it this far, don’t you feel ready to grab life and multiply it?! Leadership opportunities can lead to an explosion of adventures for you during your college career, but you have to start somewhere. This workshop will investigate how to jump start your life of leadership.

22 – Project Presentations/Conversations  TBA in Class

March

1 - Creating Safe and Inclusive Environments: Title IX ins and outs  A culturally inclusive environment requires mutual respect, effective relationships, clear communication, explicit understandings about expectations and critical self-reflection. Learn how to establish this type of environment in your clubs or organizations as well as into future business practices.

8 – Resume Writing/Interviewing Skills & Social Media  Three for the price of one! This workshop focuses on resume content, beginning with your summary statement, and gives you strategies to highlight your strengths, skills and results that employers are seeking. It also shows best practices for getting in the door for that interview and impressing the hiring committee and understanding the role technology is playing in the job search process today!

10 – Women’s Conference  (B149 10:00 a.m. – 4:00 p.m.)  Please join Mountain View, Brookhaven and El Centro Colleges for our Sixth Annual Women’s Leadership Conference where executives, professionals and motivational leaders will share their perspectives, models, and approaches for advancing women in organizations. There is POWER in hearing women’s stories, both professionally and personally. This conference is a day full of empowerment, celebrating success stories and sharing the history of the
women’s movement. Remembering and honoring their talents, sacrifices, and commitments inspires today’s generation of women to accomplish even more!

22 – *Dress for Success: The student budget edition*  Unfair as it may be, we judge each other, and in turn, we are judged on appearances. The good news is that in this area of our lives we can take the wheel and learn ways to dress on a dime! Come to this workshop and learn how to work it!