

COMING IN THE SPRING!



Spring Break camps!

Monday-Thursday | March 15-18, 2010

Broken Down by Age Groups:

ages 6-7 ages 11-13
ages 8-10 ages 14-16

Camp Schedule:

Arrival **7:30-8 a.m.**
 1st Session **8:15-10:15 a.m.**
 2nd Session **10:30 a.m.-12:30 p.m.**
 Lunch (*bring your own lunch*) **12:30-1 p.m.**
 3rd Session **1:15-3:15 p.m.**
 4th Session **3:30-5:30 p.m.**
 Pick up **Before 6 p.m.**

Subjects (students must choose one area):

- academic** | math, reading, writing, science
- performing/fine arts programs** | magic, ceramics, theater, photography
- sports** | baseball, tennis, football/soccer, gymnastics/trampoline
- technology (for ages 11 & up)** | Gaming, Aviation, Computers, Robotics

Cost: \$200

Registration deadline is March 6. Limited space available.

■ COOKING

Brownies, Kids & Grandparents RECZ 1000

**\$5
2 HRS**

Who doesn't love brownies? Grandparents and kids will have a fun-filled afternoon decorating and stenciling brownies. Each student must register including children. Supplies required. Ask for supply list at time of registration. Min. Age: 4.

62802 10:00AM - 12:00PM S 4/17 MVC

■ DANCE

Ballet, Beginning Ages 3-4 CHLZ 1000

**\$50
5 HRS**

Ballet can improve a child's coordination while developing grace and poise. This course introduces ballet as the basis for future development. Children become familiar with the origin of ballet, ballet terms, basic posture, positions, movements and techniques of ballet dance. Parents/guardians will be invited in class the fifth and last lessons. Leather ballet shoes, dance leotard and footed dance tights are required.

60506 10:05AM - 10:35AM S 2/6 - 4/24 MVC

Ballet, Beginning Ages 5-6 CHLZ 1000

**\$50
5 HRS**

Ballet can improve a child's coordination while developing grace and poise. This course introduces ballet as the basis for future development. Children become familiar with the origin of ballet, ballet terms, basic posture, positions, movements and techniques of ballet dance. Parents/guardians will be invited in class the fifth and last lessons. Leather ballet shoes, dance leotard and footed dance tights are required.

60205 12:00PM - 12:30PM S 2/6 - 4/24 MVC

Ballet, Beginning Ages 7-9 CHLZ 1000

**\$50
5 HRS**

Ballet can improve a child's coordination while developing grace and poise. This course introduces ballet as the basis for future development. Children become familiar with the origin of ballet, ballet terms, basic posture, positions, movements and techniques of ballet dance. Parents/guardians will be invited in class the fifth and last lessons. Leather ballet shoes, dance leotard and footed dance tights are required.

64404 12:35PM - 1:05PM S 2/6 - 4/24 MVC

Hip Hop, Beginning Ages 7-9 CHLZ 1000

**\$50
5 HRS**

Young children are introduced to the basic steps. Emphasis is on enjoying sounds and rhythm basic to dance as a basis for future development. Parents/guardians are invited in class the fifth and last lessons. Dance leotard and footed dance tights are required.

64304 1:10PM - 1:40PM S 2/6 - 4/24 MVC

Tap, Beginning Ages 3-4 CHLZ 1000

**\$50
5 HRS**

Young children are introduced to the basic tap steps. Emphasis will be on enjoying sounds and rhythm basic to tap dance as a basis for future development. Parents/guardians will be invited in class the fifth and last lessons. Tap shoes, dance leotard, and footed dance tights are required.

60304 10:40AM - 11:10AM S 2/6 - 4/24 MVC

Tap, Beginning Ages 5-6 CHLZ 1000

**\$50
5 HRS**

Young children are introduced to basic tap steps. Emphasis will be on enjoying sounds and rhythm basic to tap dance as a basis for future development. Parents/guardians will be invited in class the fifth and last lessons. Tap shoes, dance leotard and footed dance tights are required.

60404 1:45PM - 2:15PM S 2/6 - 4/24 MVC

■ GUITAR

Guitar for Youth I Ages 8-10 \$40
MUAZ 1000 12 HRS

Have fun while learning to play the guitar in this step-by-step instruction class. This introduction class covers basic guitar techniques, simple melodies, a variety of chords, and strumming patterns. Acoustic or electric guitar required. If bringing an electric guitar, also bring guitar amps.

64504 8:00AM - 9:30AM S 2/20 - 4/24 MVC

Guitar for Youth I Ages 11-13 \$40
MUAZ 1000 12 HRS

Have fun while learning to play the guitar in this step-by-step instruction class. This introduction class covers basic guitar techniques, simple melodies, a variety of chords, and strumming patterns. Acoustic or electric guitar required. If bringing an electric guitar, also bring guitar amps.

64605 9:45AM - 11:15AM S 2/20 - 4/24 MVC

Guitar for Youth II Ages 8-10 \$40
MUAZ 1000 12 HRS

This class is for those who have some beginning experience playing the guitar and want to learn more. Students will continue to build on basic guitar techniques, melodies, and chords. Acoustic or electric guitar required. If bringing electric guitar, also bring guitar amps.

64704 11:30AM - 1:00PM S 2/20 - 4/24 MVC

Guitar for Youth II Ages 11-13 \$40
MUAZ 1000 12 HRS

This class is for those who have some beginning experience playing the guitar and want to learn more. Students will continue to build on basic guitar techniques, melodies, and chords. Acoustic or electric guitar required. If bringing electric guitar, also bring guitar amps.

65203 1:15PM - 2:45PM S 2/20 - 4/24 MVC

Guitar for Youth III Ages 8-10 \$40
MUAZ 1000 12 HRS

Be the best player you can be. This class is for those students ready to expand their guitar skills. Advanced instruction in technique building, chords, scales, and music theory will be covered.

65501 3:00PM - 4:30PM S 2/20 - 4/24 MVC

Guitar for Youth III Ages 11-13 \$40
MUAZ 1000 12 HRS

Be the best player you can be. This class is for those students ready to expand their guitar skills. Advanced instruction in technique building, chords, scales, and music theory will be covered.

65601 4:45PM - 6:15PM S 2/20 - 4/24 MVC



For the most up-to-date schedule listing, go to:
www.econnect.dccd.edu
 and select CONTINUING EDUCATION STUDENT MENU

■ MODELING/SELF-ESTEEM

Modeling for Young People Ages 5-8 \$45
CHLZ 1000 12 HRS

In this course the instructor will teach students how to walk for fashion shows, which will promote their self-confidence along with building high self-esteem and proper etiquette. Students will be informed about the modeling field and modeling opportunities. Parents/guardians will be invited out to their fashion show during their last session.

69702 9:30AM - 12:30PM S 1/30 - 2/20 MVC

Modeling for Young People Ages 9-12 \$45
CHLZ 1000 12 HRS

In this course the instructor will teach students how to walk for fashion shows, which will promote their self-confidence along with building high self-esteem and proper etiquette. Students will be informed about the modeling field and modeling opportunities. Parents/guardians will be invited out to their fashion show during their last session.

69802 9:30AM - 12:30PM S 2/27 - 3/27 MVC

Modeling for Young People Age 13-17 \$45
CHLZ 1000 12 HRS

In this course the instructor will teach students how to walk for fashion shows, which will promote their self-confidence along with building high self-esteem and proper etiquette. Students will be informed about the modeling field and modeling opportunities. Parents/guardians will be invited out to their fashion show during their last session.

69902 9:30AM - 12:30PM S 4/10 - 5/1 MVC

Self-Esteem & Confidence Building Ages 5-8 \$45
CHLZ 1000 12 HRS

In this course students will have an opportunity to engage in activities that will help to build on their self-esteem and self-confidence. They will be able to take a closer look at themselves by learning to appreciate who they are as individuals. This will be done by using a variety of techniques; individual/group presentations, WHO AM I role playing and mirror exercises.

60310 6:00PM - 8:00PM TR 1/26 - 2/11 MVC

Self-Esteem & Confidence Building Ages 9-12 \$45
CHLZ 1000 12 HRS

In this course students will have an opportunity to engage in activities that will help to build on their self-esteem and self-confidence. They will be able to take a closer look at themselves by learning to appreciate who they are as individuals. This will be done by using a variety of techniques; individual/group presentations, WHO AM I role playing and mirror exercises.

60401 6:00PM - 8:00PM TR 2/16 - 3/4 MVC

Self-Esteem & Confidence Building Ages 13-17 \$45
CHLZ 1000 12 HRS

In this course students will have an opportunity to engage in activities that will help to build on their self-esteem and self-confidence. They will be able to take a closer look at themselves by learning to appreciate who they are as individuals. This will be done by using a variety of techniques; individual/group presentations, WHO AM I role playing and mirror exercises.

60311 6:00PM - 8:00PM TR 3/23 - 4/8 MVC

■ RECREATION & FITNESS

Baton Twirling Ages 3-7 **\$45**
11 HRS
CHPZ 1000

Classes will be offered for various levels of experience, from the novice to the advanced competition twirler. The instructor has had many previous students who have won World/International titles and who were featured twirlers at various universities. Don't sit on the sidelines, be the entertainment.

66501 6:00PM - 6:45PM T 1/26 - 5/4 MVC

Baton Twirling Ages 8-12 **\$45**
11 HRS
CHPZ 1000

Classes will be offered for various levels of experience, from the novice to the advanced competition twirler. The instructor has had many previous students who have won World/International titles and who were featured twirlers at various universities. Don't sit on the sidelines, be the entertainment.

66601 6:45PM - 7:30PM T 1/26 - 5/4 MVC

Baton Twirling Ages 13 & Up **\$45**
11 HRS
CHPZ 1000

Classes will be offered for various levels of experience, from the novice to the advanced competition twirler. The instructor has had many previous students who have won World/International titles and who were featured twirlers at various universities. Don't sit on the sidelines, be the entertainment.

66701 7:30PM - 8:15PM T 1/26 - 5/4 MVC

Martial Arts Ages 7-15 **\$45**
12 HRS
PHEZ 1000

Utilize martial arts techniques to obtain basic fitness. Topics include: stretching, warm-up, kicking techniques, hand attack techniques, stances, blocking attacks, attack formations, one-step sparring, as well as speed, power and stamina drills.

61701 2:35PM - 4:05PM S 1/30 - 3/27 MVC
61702 2:35PM - 4:05PM S 4/10 - 5/29 MVC

Tae Kwon Do Ages 7-11 **\$50**
12 HRS
PHEZ 1000

This course will introduce the basics of one of the most popular martial arts, Tae Kwon Do. Students will learn strategies of self-defense, self-discipline, self-control and gain confidence. Come challenge yourself in mind, body, and spirit. Class instruction led by Sensei Nava. Students should wear comfortable clothes and bring a towel and water.

65306 7:00PM - 8:00PM MW 3/29 - 5/5 MVC

Zumba Dance for Youth Ages 9-15 **\$35**
8 HRS
CHLZ 1000

Zumba dance is aerobic dance set to Latin and international music which enables a high energy workout. This class is geared towards children and uses dance steps that they can perform with ease while experiencing all the health benefits of this popular fitness system. Loose clothing and exercise shoes should be worn. Students should bring a bottle of water to class.

60103 5:30PM - 6:30PM TR 3/9 - 4/1 MVC
60104 5:30PM - 6:30PM TR 4/6 - 4/29 MVC

Success Starts With Preparation.

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- ⋮ Mastery Learning
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- ⋮ Saturday Flexible Classes
- ⋮ Classes Held at Mountain View College

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|-----------------------|----------------|
| Lower School Reading | 1:00-2:00 p.m. |
| Lower School Reading | 2:15-3:15 p.m. |
| Lower School Math | 1:00-2:00 p.m. |
| Lower School Math | 2:15-3:15 p.m. |
| Middle School Reading | 1:00-2:00 p.m. |
| Middle School Reading | 2:15-3:15 p.m. |
| Middle School Math | 1:00-2:00 p.m. |
| Middle School Math | 2:15-3:15 p.m. |
| Upper School Reading | 1:00-2:00 p.m. |
| Upper School Reading | 2:15-3:15 p.m. |
| Upper School Math | 1:00-2:00 p.m. |
| Upper School Math | 2:15-3:15 p.m. |



Beacon Hill
PREPARATORY INSTITUTE
Pre-K through 12th grade

SPRING CLASS DATES: January 16-May 8, 2010 | For more information, call 972-329-7779.